SALAD PLATTERS

FRUIT SKEWER PLATTER with vanilla yogurt dip \$4.29/per VEGETABLE SKEWER PLATTER with aioli dressing \$3.99/per **GREEK SALAD** with goat feta cheese \$3.99/per **PASTA SALAD** \$3.99/per #3.99/per **MEDITERRANEAN CHICKPEA SALAD** \$3.99/per **CAESAR SALAD** \$3.49/per **ARTISAN GREEN SALAD**

BEVERAGES

with balsamic vinaigrette dressing

MIGHTY LEAF TEA SERVICE for 10

\$16.99 **COFFEE SERVICE** for 10

assorted cold beverages available please enquire when placing your order



SWEET INDULGENCES

DESSERT BARS assorted brownies and nanaimo bars	#2.09/per
MINI CHEESE CAKES triple chocolate, new york and crème brulee	\$3.29/per
COOKIES	\$1.99/per
CINNAMON KNOTS	\$3.29/per

- * all tray and platter orders must be a minimum of 6 items
- ** corporate account set up available at all locations



\$ 21.99







URBAN CAFÉ









www.BGURBANCAFE.com







BOX IT UP BREAKFAST \$6.49

breakfast entrèe with fruit cup or french vanilla yogurt

BREAKFAST WRAP

CINNAMON KNOTS

potatoes, scrambled eggs, cheddar cheese and salsa

HAM AND CHEESE BREAKFAST BAGEL

smoked ham, cheddar cheese and egg on a multi-grain or sesame bagel

OMELETTE CROISSANT WITH CHEDDAR

BREAKFAST TRAYS

BREAKFAST BAGELS AND WRAP	\$4.99/per
ASSORTED MUFFINS	\$2.49/per
ASSORTED BAKED GOODS muffins, scones, and croissants	\$2.49/per
COOKIES	\$1.99/per

BOX IT UP SANDWICHES & WRAPS

sandwich or wrap with cookie and pasta salad or chips

SMOKED TURKEY CLUB HOUSE

smoked turkey, maple bacon, cheddar cheese, mayo, honey mustard, lettuce & tomato on potato rosemary bread

MEDITERRANEAN GRILLED CHICKEN

Italian herb chicken, aioli, swiss cheese, lettuce, roasted peppers & onions on focaccia bread

HONEY HAM & SWISS

honey ham, swiss cheese, mayo, honey mustard, lettuce & tomato on filoncini bread

CANADIAN ROAST BEEF

roast beef, cheddar cheese, caramelized onions, pickle, mayo, lettuce & tomato on filoncini bread

TUNA CRUNCH

\$3.29/per

tuna, mayo, celery, cilantro, red pepper, lettuce and pickles on a multigrain bread

THAI CHICKEN WRAP

Thai marinated chicken with red peppers, carrots, green onions, and rice mixed with Thai mayo sauce

SANTA FE TURKEY WRAP

smoked turkey, cheddar cheese, salsa, sour cream, red pepper & lettuce

BUTTER CHICKEN WRAP

tandoori chicken, cilantro, jasmine rice in a butter chicken sauce



\$10.49





SANDWICH & WRAP TRAYS

BASIC SANDWICH OR WRAP TRAY mixture of assorted sandwiches and wraps

\$7.79/per

ALL INCLUSIVE

mixture of assorted sandwiches and wraps with cookie and pasta salad

\$10.49/per

SAMOSA TRAY

MIXTURE OF BEEF AND VEGETABLE SAMOSA \$3.79/per with mango tamarind chutney